**ImPACT Testing Instructions 2022-2023**

**General Considerations:**

* ImPACT is a baseline concussion education test that all of our student athletes complete. It is not a pass/fail test. Do the best you can.
* This is mandatory ANNUALLY for ALL Villa athletes
* Testing takes anywhere from 20-35 minutes. You may use either a laptop or desktop.
  + Please do not take the test on a phone or tablet.
* Choose a quiet test environment
* Deadlines to complete the test:
  + Fall Sport Athletes (ALL athletes trying out for a f\Fall 2022 sport): Wednesday August 10th 2022
  + Winter Sport Athletes (who did not compete in the fall): Monday, November 14, 2022
  + Spring Sport Athletes (who did not compete in the fall and/or winter): Wednesday, March 1, 2023

**Instructions for Testing:**

1. Browse to: [www.impacttestonline.com/testing](http://www.impacttestonline.com/testing)
2. Enter the customer code: 85C7SQV9RE
3. Click Validate
4. Launch Baseline test
5. Please enter all demographics and follow the prompts on the screen to finish the test in its entirety.
6. At the end of the test, you can email yourself a receipt of the test. No need to print or email anything to the Athletics Office. We will get an updated report of everyone who completed their baseline test.
7. Any questions or concerns please reach out to our certified Athletic Trainer, Amy Barr, at [ABarr@vjmhs.org](mailto:ABarr@vjmhs.org).